



# Preliminary Program - Session 3 Sunday 21 April 2013 09.00

Competition name: Swedish Grand Prix 3

Competition place: Stockholm

Organizer: SSF/Jönköpings SS

Start	Nr	Event	Class	Round	Notes
09:00	17	100m Freestyle Women	W	Heats	
09:11	18	200m Freestyle Men	M	Heats	
09:27	19	50m Breaststroke Women	W	Heats	
09:32	20	100m Breaststroke Men	M	Heats	
09:40	21	400m Medley Women	W	Heats	
09:52	22	100m Butterfly Men	M	Heats	
10:00	23	100m Backstroke Women	W	Heats	
10:08	24	50m Backstroke Men	M	Heats	
10:13	25	200m Butterfly Women	W	Heats	
10:20	26	200m Medley Men	M	Heats	
10:29	27	400m Freestyle Women	W	Heats	
10:50	28	50m Freestyle Men	M	Heats	
10:57	29	200m Breaststroke Women	W	Heats	
11:11	30	1500m Frisim Herrar	M	Heats	
11:48	31	50m Butterfly Women	W	Heats	
11:55	32	200m Backstroke Men	M	Heats	
12:04		Session End			

Time between heats: 30 secs

Time between relay heats: 1 secs

Time between events: 1 min

Time between relay events: 1 mins

Time for pause: 10 minutes

Time for price ceremony: 6 minutes