

# Welcome to the Bergen Swim Festival 2019. Arranged for the 12th time



## Information to all coaches and competitors participating in the Bergen Swim Festival. Alexander Dale Oen Arena, Bergen, April 5-7, 2019.

The BSF committee wishes to welcome all officials, participants, and support staff to Bergen Swim Festival 2019. We are looking forward to a great competition and we hope that you will have a pleasant, successful, and memorable stay in Bergen.

Below you find some practical information that we hope you will take some time to read though, it might answer many of your questions. If you still have some questions, please contact the meet office in AdO Arena. The meet office is located in the room adjacent to the reception area of AdO arena.

<b>Meet office:</b>	Thursday	April 4	14.00 --20.00 hrs
	Friday	April 5	07.00 – end of competition
	Saturday	April 6	07.00 – end of competition
	Sunday	April 7	07.00 – end of competition

Meet Manager:  
**Anders Kristian Walløe, phone +47 958 09 519**

**Logistics:** At any time during the weekend that the meet office is closed the BSF manager Finn Zachariassen can be reached at +47 920 28 992

**Transfer:** VIP participants using the official BSF hotel reservation get free transfer from Bergen Airport/Flesland to hotel on Thursday and back to the airport on the day of departure. Look for our staff holding BSF signs after you have passed through customs. The meet office will have the times participants will be picked up at the hotel on their departure day, so please ask at some point during the weekend.

**Competition time:** Morning session 09.00  
Finals 17.00 Friday and Saturday, 16.00 Sunday

## **A & B Flight**

**The fastest heats** in each event will be swam at the start of the morning session.

**A-flight** will contain the following heats in the different events.

50m: 6 heats + heat 7 (Norwegian junior final)

100: 5 heats + heat 6 (Norwegian junior final)

200: 4 heats + heat 5 (Norwegian Junior Finals)

400: 3 heats + heat 4 (Norwegian junior final)

After the A-flight the **B-flight** will be conducted in the usual order.

**Starting list here:**

<http://livetiming.se/program.php?cid=4419>

## **Accreditation**

The accreditation for swimmers will be made from the entry to the competition.

The accreditation for managers and coaches must be registered separately on the website [www.bsf.no](http://www.bsf.no)

## **Training:**

**In the 25 m diving pool.**

During the competition the 25m diving pool can be used as a warm up and cool down pool. Please note: the pool is located right beside the competition pool, so please no loud sounds, whistling or screaming during completion times

**Warm up in the competition pool**

Thursday 14.00 – 20.00

Friday to Sunday: A-flight: 0700-0845

B-flight: 1 hour right after the A-flight.

Finals: From B-flights ends until 1650(1550 on Sunday).  
Throughout the competition, the plunge pool can be used for warm up and warm down.

Monday until Wednesday, by appointment

## **Team Leader meeting:**

A team leader from each country/club and Norwegian club teams are requested to attend the team meeting to be held Thursday April 4, 20.00 in the AdO arena meeting room. There will be signs showing the way to the location.

## **Withdrawals:**

You can mail in withdrawals to [stevnebergen@gmail.com](mailto:stevnebergen@gmail.com). The deadline for withdrawals to (800/1500) is at the team leaders meeting. The deadline for withdrawals to morning sessions is 2000 hrs the night before. Withdrawals for the finals need to be made to the meet office no later than 30 minutes after the end of the morning session. You can deliver the withdrawals electronically with team code that can be requested from the meet office

## **800/1500 m freestyle:**

### **4x100 Medley relay**

The events will be seeded and swam as a timed final. Only the 8 swimmers/teams with the 8 fastest entry times are in this final. This is an open final so both junior and senior swimmers are included. You will find a starting list on <http://livetiming.se/program.php?cid=4419>



**Dining:** Meals will be served in the Hotels.

Thursday April 4:	Dinner	18.30 – 21.00 hrs
Friday April 5:	Lunch	11.30 – 14.00 hrs
	Dinner	18.30 – 21.00 hrs
Saturday April 6:	Lunch	11.30 – 14.00 hrs
	Dinner	18.30 – 21.00 hrs
Sunday April 7:	Lunch	11.30 – 14.00 hrs

For all meals, all participations must show their accreditation.

**Locker room:**

In the locker rooms you will find lockers that are locked and opened with the bracelet all participants and coaches will receive upon check in. The lockers are automatically opened and emptied each night so it is important things are not left in them.

**Team Stands:**

Seating for the participants is located in the grandstand. Please note that the extra seating that is brought in for BSF will be reserved for the paying public during the finals.

**Opening ceremony:**

There will be a short opening ceremony on Friday, 5 of April at 17.45.

**Prize ceremony:**

We hereby remind all participants to observe if they do not show up at the prize ceremony they will not receive any prize money. Please use your club t-shirts at the ceremony and attend Photographic ☺

**Prize money:** In each final event:

Senior  
Winner kr. 3000,- Second kr. 1250,- Third kr. 750,-

Junior –  
Winner kr. 500,- Second kr. 300,- Third kr. 200,-

Handicap-  
Winner kr 500,-, Second kr 300,- Third kr 200,-

In case of a tie in any race, the prize money will be shared (i.e. if there are two 1st places, then no 2nd place prize money will be awarded). The total of kr. 3250,- will be equally shared between the two (2) winners, (that is kr. 1625,- each.)

**The top three senior and junior performances, (counting the three best results from FINA´s table) earn prize money:**

Senior -  
First place kr. 10.000,-  
Second place kr. 5000,-  
Third place kr. 2500,-

Junior – (combined women and men)  
First place kr. 5000,-  
Second place kr. 2500,-  
Third place kr. 1250,-

**Winners:** Winners of prize money need to provide banking information to the organizing committee through the link on our web-site: <https://www.bsf.no/en/BSF/bank-information-prize-money>  
The money will be transferred after the event.

**Nordic Swim Tour 2019:**

It is a pleasure to introduce the collaboration between Helsinki Swim Meet(1th-2th of April), Bergen Swim Festival 2019(5.th-7.th.) and Swim Open Stockholm(12.th-15.th) of April 2019.

As a result of the collaboration there is an attractive opportunity for the top swimmers to win extra prize monies if you participate in the same event both in Sweden and Norway. Then the score from FINA's table in one of the following events will be added and we will have a winner of the Nordic swim tour 2019.

Prize money is 1000 eur per event, both for women and men.

The following events are included in the Nordic Swim Tour 2019

- 100 Freestyle Women
- 100 freestyle Men
- 100 Backstroke Women
- 100 Backstroke Men
- 100 Butterfly Women
- 100 Butterfly Men
- 100 Breaststroke Women
- 100 Breaststroke Men
- 400 Freestyle Women
- 400 Freestyle Men
- 400 IM Women
- 400 IM Men

**Callroom:** Call room will be used. All athletes shall be in call room minimum 10 minutes before race time.

**Clothes baskets:**

Behind each lane there will be a basket for clothes. During the morning session the baskets will remain on the pool deck.

**Results:** The results will be posted on the wall in the area of the 25 m diving pool and also on the window of the meet office. You can also find the results online and follow the competition at <http://livetiming.se/results.php?cid=4419&session=9>

**Medical:** A doctor will be available during the competition. If you need to contact a hospital or any other medical institution, the meet office will help you.

**Antidoping:** Doping control will be held in a dressing room at the end of the corridor to the 25 m pool.

**Entrance to the arena:**

The participants are obliged to use the locker room entrance at the AdO arena. Signs will show the way.

**Further information:** Please contact BSF Project Manager, Finn Zachariassen at [finn.zachariassen@gmail.com](mailto:finn.zachariassen@gmail.com) or +47 920 28 992.

We welcome you all to the 12.th edition of  
Bergen Swim Festival!

