



ROSENLUNDSBADET

SPRINT

JÖNKÖPING

Sweden

(Indoor 50m - 8 lane)

15th - 17th May 2015

50m Sprint Races with Qualification heats, "2nd chance" qualification heats, semi-finals and finals

Omega timekeeping

Scoreboard 3x6 m

Omegas track-start starting blocks

Standcapacity 900

Venue: Rosenlundsbadet, Jönköping, Sweden (50m)

Organizers: Jönköpings Simsällskap

Date: 15th-17th May 2015

**Schedule:**

		Warm up:	Start:
Friday	session 1	4-4.45 pm	5 pm.
Saturday	session 2	8-8.45 am	9 am
Saturday	session 3	3-3.45 pm	4 pm
Sunday	session 4	8-8.45 am	9 am
Sunday	session 5	2-2.45 pm	3 pm

Swim down during the sessions in two lanes in the diving pool (25m) .

Web:

www.jonkopingss.se

Entries:

Entries are made by sending an entry form or an LENEX file to christin.berglund@jonkopingss.se no later than 27th April.

Starting fees:

55 SEK per 100m/200m event subject to confirmation of entry
85 SEK per 50m event subject to confirmation of entry
(At least 2 starts on each 50m event guaranteed)

Age-groups:

Girls and boys born	Female/Male
1998 and earlier	F+17/M+17 (17 and older)
1999-2000	F 15-16/M 15-16
2001-2002	F 13-14/M 13-14
2003 and later	F-12/M-12 (12 and younger)

Awards:

Medals and other awards to those who end up as number 1-3 in each event and age group. Special awards for those who break a Rosenlundsbadet Sprint record.

Lodging:

We may offer:
-SCANDIC hotel (directly at the pool)
From 40 Euro pp/night
-Lodges with cooking facilities (bring your own sheets)
Villa Björkhagen (app 500 meters from the pool)
From 100 Euro/4 persons/night
-Bring your own things and sleep on the floor in a school, PROLYMPIA,
(700 meters from the pool)
13 Euro pp/night incl breakfast

Food:

Breakfast included at SCANDIC hotel and Prolympia.
All meals may be ordered at Villa Björkhagen for those who're staying there.
Lunch and Dinner may be ordered at KFUM
(500 meters from the pool)
9 EURO SEK/ meal

For food and lodging: kim.grimberg@jonkopingss.se ;
00-46-70-210 00 34

Preliminary food and lodging must be ordered no later than 10th April.



Other info:

All age groups will be seeded together in the 100/200m events
50m Sprint Races with Qualification heats, "2nd chance"
qualificationheats, semi-finals and finals

Further information:

christin.berglund@jonkopingss.se 0046-70-21 35 192

Payment:

All payments are made to:
Jönköpings Simsällskap
Bank: Nordea
BIC/SWIFT: NDEAESS
IBAN: SE77 9500 0099 6026 0012 7761



EVENTS

Session 1 Friday 5 pm

Event				Records	Name	Team	Time	
1	50 m freestyle	F-12	Heats 4 heat	F-12	Alma Thormalm	Hvetlanda SS	29.85	2008
2	50 m freestyle	M-12	Heats 4 heat	M-12	Daniel Forndal	Jönköpings SS	29.29	2009
3	50 m freestyle	F 13-14	Heats 4 heat	F 13-14	Celine Bertrand	Skövde SS	27.35	2009
4	50 m freestyle	M 13-14	Heats 4 heat	M 13-14	Filip Grimberg	Hultsfreds SS	25.96	2012
5	50 m freestyle	F 15-16	Heats 4 heat	F 15-16	Josefin Lindkvist	Ludvika SS	26.42	2009
6	50 m freestyle	M 15-16	Heats 4 heat	M 15-16	Filip Grimberg	Jönköpings SS	24.45	2014
7	50 m freestyle	F 17+	Heats 4 heat	F 17+	Hanna Eriksson	Södertälje SS	26.24	2007
8	50 m freestyle	M17+	Heats 4 heat	M17+	Henrik Lindau	Karlskrona SS	23.37	2013
9	200 m freestyle	F-12	Max 64 swimmers	F-12	Ann Berglund	Jönköpings SS	2.20.55	1996
		F 13-14	and min 16	F 13-14	Jessica Granlund	S 77	2.09.99	1996
		F 15-16	simmare/agegroup	F 15-16	Linda Erlandsson	Motala SS	2.06.29	1999
		F 17+		F 17+	N Kraus	Gladbeck/GER	2.05.42	2003
10	100 m backstr.	M-12		M-12	Erik Stensson	Värnamo SS	1.17.08	2014
		M 13-14	Min 16	M 13-14	Anton Steindl	Hvetlanda SS	1.09.17	2014
		M 15-16	swimmers/agegr	M 15-16	Filip Grimberg	Jönköpings SS	1.03.75	2014
		M 17+		M 17+	Axel Pettersson	Jönköpings SS	59.24	2014
U 1-8	50 freestyle		Repechage max 3 heats /event					

Session 2 Saturday 9 am

11	50 m backstr.	F-12	Heats 4 heat	F-12	Celinbe Bertrand	Skövde SS	33.54	2007
12	50 m backstr	M-12	Heats 4 heat	M-12	Linus Junefelt	Jönköpings SS	31.34	2004
13	50 m backstr	F 13-14	Heats 4 heat	F 13-14	Lova Andersson	Ljungby SS	31.03	2014
14	50 m backstr	M 13-14	Heats 4 heat	M 13-14	Linus Junefelt	Jönköpings SS	29.24	2006
15	50 m backstr	F 15-16	Heats 4 heat	F 15-16	F Schreiber	Potsdam/GER	31.12	2003
16	50 m backstr	M 15-16	Heats 4 heat	M 15-16	Jens Petersson	Stohlm KK	28.75	1999
17	50 m backstr	F 17+	Heats 4 heat	F 17+	Beatrice Andersson	Jönköpings SS	30.76	2011
18	50 m backstr	M17+	Heats 4 heat	M17+	Axel Pettersson	Jönköpings SS	26.57	2014
19	200 m IM	F-12	Max 64 swimmers	F-12	Ann Berglund	Jönköpings SS	2.39.15	1996
		F 13-14	and min 16	F 13-14	Malin Fredriksson	Kalmar S	2.26.95	2000
		F 15-16	simmare/agegr.	F 15-16	Celine Bertrand	Skövde SS	2.20.26	2010
		F 17+		F 17+	Ann Berglund	Jönköpings SS	2.21.09	2001
20	200 m IM	M-12	Max 64 swimmers	M-12	Daniel Forndal	Jönköpings SS	2.33.94	2009
		M 13-14	and min 16	M 13-14	Linus Junefelt	Jönköpings SS	2.18.35	2006
		M 15-16	simmare/agegr.	M 15-16	Christoffer Wikström	Upsala S	2.13.61	2003
		M 17+		M 17+	Anton Andersson	Jönköpings SS	2.09.55	2012
U 11-18	50 m backstr.		Repechage max 3 heats /event					
21	100 m butterfly	F-12		F-12	Linn Rosenius	Karlshamns SS	1.14.88	2014
		F 13-14	Min 16	F 13-14	Lova Andersson	Ljungby SS	1.12.58	2014
		F 15-16	swimmers/agegr	F 15-16	Klara Thormalm	Hvetlanda SS	1.05.87	2014
		F 17+		F 17+	Ebba Stillman	Jönköpings SS	1.05.90	2014
22	100 m butterfly	M-12		M-12	Michael Laszewski	Örebro SA	1.29.46	2014
		M 13-14	Min 16	M 13-14	Erik Ohlsén	Västerviks SS	1.06.06	2014
		M 15-16	swimmers/agegr	M 15-16	Victor Johansson	Jönköpings SS	59.60	2014
		M 17+		M 17+	Marcus Malm	Anderstorps SS	57.76	2014

Session 3 Saturday 4 pm

23	50 m breaststro.	F-12	Heats 4 heat	F-12	Alma Thormalm	Hvetlanda SS	37.90	2008
24	50 m breaststro	M-12	Heats 4 heat	M-12	Linus Junefelt	Jönköpings SS	38.93	2004
25	50 m breaststro	F 13-14	Heats 4 heat	F 13-14	Emma Svanbäck	Sundsvalls SS	33.86	2001
26	50 m breaststro	M 13-14	Heats 4 heat	M 13-14	Niklas Tour	SK Neptun	32.33	2003
27	50 m breaststro	F 15-16	Heats 4 heat	F 15-16	Klara Thormalm	Hvetlanda SS	33.40	2014
28	50 m breaststro	M 15-16	Heats 4 heat	M 15-16	Jacob Dorch	Linköpings ASS	31.09	2001
29	50 m breaststro	F 17+	Heats 4 heat	F 17+	Sofia Johansson	Helsingborgs S	32.82	2009
30	50 m breaststro	M17+	Heats 4 heat	M17+	Jacob Dorch	Linköpings ASS	29.67	2003
31	50 m butterfly	F-12	Heats 4 heat	F-12	Celine Bertrand	Sköve SS	30.53	2007
32	50 m butterfly	M-12	Heats 4 heat	M-12	Linus Junefelt	Jönköpings SS	30.53	2004
33	50 m butterfly	F 13-14	Heats 4 heat	F 13-14	Celine Bertrand	Skövde SS	28.65	2009
34	50 m butterfly	M 13-14	Heats 4 heat	M 13-14	Linus Junefelt	Jönköping SS	27.03	2005
35	50 m butterfly	F 15-16	Heats 4 heat	F 15-16	Klara Thormalm	Hvetlanda SS	28.21	2014
36	50 m butterfly	M 15-16	Heats 4 heat	M 15-16	Jesper Jonsson	Växjö SS	25.98	2009
37	50 m butterfly	F 17+	Heats 4 heat	F 17+	Martina Granström	Jönköping SS	27.97	2012
38	50 m butterfly	M17+	Heats 4 heat	M17+	Henrik Lindau	Karlskrona SS	24.51	2004
39	100 m freestyle	F-12		F-12	Linn Rosenius	Karshamns SK	1.06.40	2014
		F 13-14	Min 16	F 13-14	Lova Andersson	Ljungby SS	1.03.22	2014
		F 15-16	swimmers/agegr	F 15-16	Hanna Eriksson	Jönköpings SS	1.02.80	2014
		F 17+		F 17+	Erica Carlén	Jönköpings SS	58.22	2014
40	100 m freestyle	M-12		M-12	Erik Stensson	Värnamo SS	1.07.43	2014
		M 13-14	Min 16	M 13-14	Anton Steindl	Hvetlanda SS	59.40	2014
		M 15-16	swimmers/agegr	M 15-16	Filip Grimberg	Jönköpings SS	53.39	2014
		M 17+		M 17+	Axel Pettersson	Jönköpings SS	52.33	2014
U 23-30	50 m breaststr.		Repechage max 3 heats /event					
U 31-38	50 m butterfly		Repechage max 3 heats /event					



Session 4 Sunday 9 am

S 23-30	50 m breaststr	Semifinals 2 hets/event						
S 31-38	50 m butterfly	Semifinals 2 hets/event						
41	100 m backstr.	F-12	F-12	Miriam Langarap	Örebro SA	1.21.56	2014	
		F 13-14	F 13-14	Lova Andersson	Ljungby SS	1.08.86	2014	
		F 15-16	F 15-16	Elin Ristl	Jönköpings SS	1.13.08	2014	
		F 17+	F 17+	Erika Carlén	Jönköpings SS	1.06.43	2014	
42	200 m freestyle	P-12	M-12	Linus Junefelt	Jönköpings SS	2.13.58	2004	
		P 13-14	M 13-14	Linus Junefelt	Jönköpings SS	2.01.52	2006	
		P 15-16	M 15-16	Victor Johansson	Jönköpings SS	1.56.61	2014	
		P 17+	M 17+	D Lepikov	RUS	1.51.54	1993	
F23-30	50 m breaststro	FINAL						
F31-38	50 m butterfly	FINAL						

Session 5 Sunday 3 pm

S 1-8	50 m freestyle	Semifinals 2 hets/event						
S 11-18	50 m backstroke	Semifinals 2 hets/event						
43	100 m breaststr.	F-12	F-12	Linn Rosenius	Karlshamns SK	1.33.14	2014	
		F 13-14	F 13-14	Wilma Johansson	Jönköpings SS	1.20.69	2014	
		F 15-16	F 15-16	Klara Thormalm	Hvetlanda SS	1.14.46	2014	
		F 17+	F 17+	Ronja Isaksson	Motala S	1.25.35	2014	
44	100 m breaststr.	M-12	M-12	Daniel Agestav	Jönköpings SS	1.37.53	2014	
		M 13-14	M 13-14	Edvin Torlakovic	Västerviks SS	1.17.38	2014	
		M 15-16	M 15-16	David Kurilenko	Ljungby SS	1.20.97	2014	
		M 17+	M 17+	Kevin Thorvaldsson	Jönköpings SS	1.07.20	2014	
F 1-8	50 m freestyle	FINAL						
F 11-18	50 m backstroke	FINAL						

Rosenlundsbadet Sprint Programme

The 50m competition is run in the following way:

QUALIFICATION HEATS (max 4 heats)

The two fastest swimmers in each heat will qualify for the SEMI-FINALS. The remaining starters swim in the repechage (2nd chance) qualification heats (max 3 heats)

The best eight times from the repechage qualification heats will also qualify for the SEMI-FINALS

The two fastest swimmers from each semi-final plus the best four remaining times will go to the FINAL

The semi-finals will be seeded in the following way:

The best winning time in the qualification heats will swim in lane 4 in the last semi-final

The second best winning time in the qualification heats will swim in lane 4 in the first semi-final

The third best winning time in the qualification heats will swim in lane 5 in the last semi final

the fourth best winning time in the qualification heats will swim in lane 5 in the first semi-final

Thereafter the second placings in the qualification heats will be arranged in the way shown above

The remaining 8 swimmers will be positioned in alternate semi-finals according to their times.

The seeding in the final will be:

The best winning time from the semi-finals	lane 4	
The next best time from the semi-finals		lane 5
The best second placing from the semi-finals	lane 3	
The next best placing from the semi-finals		lane 6
Thereafter the other times, in order		lanes 2, 7, 1, 8