

Nordic Open Masters

12-13/10 2018

Venue: Hylliebadet (8 x 25m), Malmö 3,6-1,8 m

Warmup/Start
 Friday 12/10 15.00-16.45/ 17.00
 Saturday 13/10 08.00-08.45/ 09.00 14.00-14.45/ 15.00

Events:

Pass 1

1	800m	Freestyle	Men
2	800m	Freestyle	Women
3	50m	Butterfly	Men
4	50m	Butterfly	Women
5	100m	Breaststroke	Men
6	100m	Breaststroke	Women
7	100m	Backstroke	Men
8	100m	Backstroke	Women
9	200m	Butterfly	Men
10	200m	Butterfly	Women
11	4 x 50m	Freestyle	Men
12	4 x 50m	Freestyle	Women

Pass 2

13	100m	Butterfly	Men
14	100m	Butterfly	Women
15	400m	Freestyle	Men
16	400m	Freestyle	Women
17	50m	Breaststroke	Men
18	50m	Breaststroke	Women
19	100m	Medley	Men
20	100m	Medley	Women
21	100m	Freestyle	Men
22	100m	Freestyle	Women
24	4 x 50m	Medley	Men
25	4 x 50m	Medley	Women

Pass 3

25	4 x 50m	Medley	Mix
26	400m	Medley	Women
27	400m	Medley	Men
28	50m	Backstroke	Women
29	50m	Backstroke	Men
30	200m	Breaststroke	Women
31	200m	Breaststroke	Men
32	50m	Freestyle	Women
33	50m	Freestyle	Men
34	4 x 50m	Freestyle	Mix

Age Groups:

A	25-29	F	50-54	K	75-79
B	30-34	G	55-59	L	80-84
C	35-39	H	60-64	M	85-89
D	40-44	I	65-69	N	90-94
E	45-49	J	70-74	O	95-99

Relays

A	100-119	D	200-239	G	320- older
B	120-159	E	240-279		
C	160-199	F	280-319		



Entry:

Entries are made by [OCTO](#) or sending an entry file (LENEX, AN, wingrodan) to mastersentry@svensksimidrott.se no later than 21 September 12.00 CET (GMT+1). Only swimmers representing a club, member of a club affiliated with FINA are eligible to start. Entries with no time will not be accepted.

Entry cost:

Individual	100:-
Relay:	200:-

Late entries

Late entries are accepted until Monday 8th October 23:59. The fee for late entries is SEK 200 for individual events, SEK 400 for relays.

Accreditation:

All swimmers and team staff need an accreditation for a fee of SEK 100/accreditation.

Accommodation: We have reserved rooms at the Best Western Malmö Arena Hotel approx. 500m from the pool.



Prices in SEK incl. Breakfast
Friday – Sunday

Single	1500:- / room
Double	1750:- / room
Triple	2400:- / room

Saturday – Sunday meals from Saturday lunch to Sunday lunch

Single	750:- / room
Double	875:- / room
Triple	1200:- / room

Booking: Accommodation and meals thru Malmö Kappsimningsklubb mail louise@malmokappsim.se

Farewell party: Saturday evening aprox 400:- SEK / person

Questions: Malmö Kappsimningsklubb e-post: louise@malmokappsim.se