



Swedish Grand Prix 26-27 January 2019 Malmö, Sweden

The Swedish Swimming Federation together with the local organizers Malmö Kappsimningsklubb welcomes you to Malmö and the Swedish Grand Prix.

Venue: Hylliebadet (50m), Malmö, Sweden

Competition:	Prelims	Finals
Saturday	10.00	17.00
Sunday	09.00	16.00

Warm up:	Friday	15.00-19.00
	Saturday	08.00-09.45 15.00-16.45
	Sunday	07.00-08.45 14.00-15.45

Events:	Saturday 26 January	Sunday 27 January
	1. 100 m Freestyle M*	18. 100 m Freestyle W*
	2. 200 m Freestyle W	19. 200 m Freestyle M
	3. 50 m Breaststroke M	20. 50 m Breaststroke W
	4. 100 m Breaststroke W*	21. 100 m Breaststroke M*
	5. 400 m Ind. Medley M	22. 400 m Ind. Medley W
	6. 100 m Butterfly W	23. 100 m Butterfly M
	7. 100 m Backstroke M*	24. 100 m Backstroke W*
	8. 50 m Backstroke W*	25. 50 m Backstroke M*
	9. 200 m Butterfly M	26. 200 m Butterfly W
	10. 200 m Ind. Medley W*	27. 200 m Ind. Medley M*
	11. 400 m Freestyle M*	28. 400 m Freestyle W*
	12. 50 m Freestyle W*	29. 50 m Freestyle M*
	13. 200 m Breaststroke M	30. 200 m Breaststroke W
	14. 800 m Freestyle W**	31. 1500 m Freestyle M**
	15. 50 m Butterfly M*	32. 50 m Butterfly W*
	16. 200 m Backstroke W	33. 200 m Backstroke M
	17. 4x100 m Medley Mix***	34. 4x100 m Freestyle Mix***

* Also para events, para swimming as timed finals in the morning session

** Timed final (fastest heat in the evening session), next fastest heat in





morning session as the schedule indicates above, alla other heats at the end of the morning session.

*** Two heats max, swum in the final session. For entry time, add individual times of available swimmers in the team.

Entries:

Entries are made by sending an entry form or an entry file (LENEX) to kenneth.magnusson@svensksimidrott.se no later than 11 January 12.00 CET (GMT+1). Swimmers have to meet standard times (table 2).

Swimmers who have met a standard time in at least one event can request to be entered in events were he/she haven't met the standard time. Depending on the total number of entries, such requests can be approved.

Entry times can be in LCM, SCM and SCY. Times in SCM and SCY will be converted in accordance with table 1 in timed finals. In all other events LCM will be seeded first after that SCM and last SCY. Please indicate if the entry times are LCM, SCM or SCY.

Para swimmers have to meet standard times, [here](#).

Qualification period: 1 January 2018 – 10 January 2019.

Entry fee:

SEK 100/entry

Accreditation:

All swimmers and team staff need an accreditation for a fee of SEK 100/accreditation. Swimmers entered in individual events will be issued an accreditation automatically, others have to apply here: <https://response.questback.com/idrott/sgp19>

Finals:

Distances up to 200 m are swum in A- and B-finals, distances of 400m in A-finals only. Timed finals in the 800/1500 m Freestyle with the last heat in the evening session. Events indicated as para events will be swum as timed finals for the para swimmers in the morning session.

Withdrawals:

Withdrawals to prelims and timed finals on Saturday should be made Friday at 20.00 hours at the latest and for Sunday at the latest 30 minutes after the end of Saturday's finals. All teams will be issued a login to a coach app where withdrawals to prelims and timed finals can be made. Withdrawals from prelim to final should be made at the latest 30 minutes after the end of each event on a form provided at the venue.

Prize money:

The winners of each individual event will be awarded SEK 1 000.





The five best performances (FINA points), men and women respectively, will be awarded 1st SEK 10 000, 2nd 8 000, 3rd 6 000, 4th 4 000 and 5th 2 000. One event per swimmer.

Best team: Best team wins a price worth SEK 5 000. Points to the 16 best swimmers of each event 18, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

Transportation: It's a 15 minutes ride from Copenhagen airport to Hyllie Station by train. It's 300 m from the station to the hotel.

Accommodation: We have reserved rooms at the Best Western Malmö Arena Hotel approx. 500m from the pool.

Prices in SEK incl. meals and accommodation

Friday – Sunday meals from Friday dinner to Sunday lunch

Single	2300:- / room
Double	3050:- / room
Triple	4000:- / room

Saturday – Sunday meals from Saturday lunch to Sunday lunch

Single	1350:- / room
Double	1850:- / room
Triple	2350:- / room

Meals: Lunch or dinner at Arena hotel 150:- / meal.

Booking: Accommodation and meals thru Malmö Kappsimningsklubb mail louise@malmokappsim.se . Bookings are accepted until 12 January.

Info: Regarding entries:
Swedish Swimming Federation, Kenneth Magnusson, phone: 010-476 53 09 or mail: kenneth.magnusson@svensksimidrott.se.

All other inquires:
Malmö Kappsimningsklubb mail
johan.gustavsson@malmokappsim.se



Table 1

	Women		Men	
	SCM	SCY	SCM	SCY
800m/1000y Freestyle	+13.78	-58.50		
1500m/1650y Freestyle			+32.34	+39.60

Table 2

Grenar	GP Standard Times					
	Women			Men		
	SCM	LCM	SCY	SCM	LCM	SCY
50m Freestyle	00:26.92	00:27.78	00:24.25	00:24.03	00:24.99	00:21.64
100m Freestyle	00:58.30	00:59.92	00:52.52	00:52.38	00:54.34	00:47.18
200m Freestyle	02:07.07	02:10.68	01:54.47	01:55.07	01:59.98	01:43.66
400m Freestyle	04:30.47	04:38.30	05:09.10	04:09.11	04:19.52	04:44.69
800m Freestyle	09:24.13	09:42.88	10:44.72	08:47.96	09:06.75	10:03.38
1500m Freestyle	18:06.97	18:46.29	18:00.48	16:56.57	17:42.54	16:50.50
50m Breaststroke	00:33.95	00:34.75	00:30.58	00:30.43	00:31.45	00:27.41
100m Breaststroke	01:13.37	01:16.03	01:06.09	01:06.26	01:09.72	00:59.69
200m Breaststroke	02:40.68	02:47.40	02:24.75	02:26.38	02:34.19	02:11.87
50m Backstroke	00:30.59	00:32.09	00:27.55	00:27.68	00:29.24	00:24.93
100m Backstroke	01:05.57	01:08.82	00:59.07	00:59.30	01:02.80	00:53.42
200m Backstroke	02:22.79	02:29.71	02:08.63	02:10.68	02:19.10	01:57.72
50m Butterfly	00:29.10	00:29.52	00:26.21	00:25.97	00:26.49	00:23.39
100m Butterfly	01:04.75	01:06.46	00:58.33	00:57.64	00:59.17	00:51.92
200m Butterfly	02:27.39	02:32.21	02:12.78	02:11.81	02:17.00	01:58.74
200m IM	02:24.00	02:29.19	02:09.72	02:10.97	02:16.16	01:57.99
400m IM	05:09.10	05:22.45	04:38.46	04:45.11	04:58.30	04:16.85