



SWEDISH

SWIM GAMES



26-27 September 2020



SE
RN
EKE

Scandic
Marabou



SWEDISH SWIM GAMES

26-27 September 2020

SVENSKA
SIMSPELEN



Väsby SS has the honor to welcome you to Swedish Swim Games 2020!

New information from Väsby SS about the Swedish Swim Games 2020 regarding covid-19.

We will publish more details about the competition on the PM, at least one week before the competition.

The pool Vilundabadet will be closed for the public during the warm-up and the competition. Only swimmers, coaches and officials will be allowed to the pool during the competition. The competition will be broadcast online. Link below.

Every club will have a designated "club area" by the pool. The warm-up will be split with times and lanes for every club. Warm-up on land will be held outdoors next to the Vilundabadet.

We will be able to use more toilettes than usual, both on the ground floor and the second floor. The toilettes and other areas will be cleaned during the competition by staff working at Vilundabadet.

If possible, change clothes at the hotel. There will be limited space in the lockerrooms and showers.

If you want to swim a warm-up on Friday, please contact vl@vss.se to make the arrangements.

No prize ceremonies will be held. Swimmers can collect their prizes at the cafeteria, in the gymnastic hall next to the pool.

There will be no call room for the finals.

There will be hand sanitizers by the entry to Vilundabadet and by the pool.

We need help from you coaches!

Make sure that every swimmer is feeling well, and that no one is hanging around by the pool with symptoms of illness.

Keep distance at the pool area to avoid crowding.

Make sure that the swimmers warm-up outdoors as much as possible and that they only hang around the pool when it is their time to swim.

V
Ä
S
B
Y

S
I
M
S
Ä
L
L
S
K
A
P

Website:
<https://www.vss.se/start>

Väsby Simsällskap
Upplands Väsby
post@vss.se



SWEDISH SWIM GAMES

26-27 September 2020

SVENSKA
SIMSPELEN



Väsby SS has the honor to welcome you to Swedish Swim Games 2020!

VÄSBY
SIMSÄLLSKAP

COMPETITION VENUE	Vilundabadet 25 m pool, 8 lanes.
DATES	Saturday September 26 and Sunday September 27, 2020.
COMPETITION TIMES	<p>Warm-up on Friday? E-mail vl@vss.se.</p> <p>Saturday Prelims: Warmup 08.00-08.45 Start 09:00. Saturday Finals: Warmup 15.00-15.45 Start 16:00</p> <p>Sunday Prelims: Warmup 08.00-08.45 Start 09:00 Sunday Finals: Warmup 15.00-15.45 Start 16:00</p>
ENTRY	<p>The final entry form and rooming list shall be returned no later than September 11th 2020 to: vl@vss.se.</p> <p>Heat limitation. To keep the number of people at the competition down, the events will be limited by the number of heats. 800/1500m fr 2 heats/event. 400 me/fr, 3 heats/event. The fastest heats of 1500/800m fr and 400m medley will swim during the finals, and the other heat in the prelims in the morning. 200m, 4 heats/events. 100m and 50m of all the strokes, 5 heats/event.</p>
ENTRY FEE	For individual events SEK 100. The entry fees will be invoiced after the meet.
LOCKER ROOMS	Follow the signs – Bring padlocks.
PSYCH SHEET	The psych sheet will be published on Livetiming http://livetiming.se/index.php?cid=5445 no later than September 18th, 2020

Website:
<https://www.vss.se/start>

Väsby Simsällskap
Upplands Väsby
post@vss.se



SWEDISH SWIM GAMES

26-27 September 2020

SVENSKA
SIMSPELEN



LIVETIMING

Startlist and results will be published on Livetiming.
<http://livetiming.se/index.php?cid=5445>
Superlive will be broadcast.

WARM DOWN

In the two small warm down pools and the adventure pools.

SCRATCHES

Early scratches until Wednesday September 23rd can be sent to: vl@vss.se
Scratches are to be turned in 1 hour before the start of each session.
Scratches to a final must be turned in no later than 30 minutes after the conclusion of the event.

AWARDS

Prize money, SEK 5 000, is awarded to the best female and male swimmers.
The FINA Points Table will be used as the basis for deciding the ranking of swimmers at their top three events.

Gifts will be distributed to all medalists.

CAFETERIA

Located in the gymnastic hall.

PRIZE CEREMONY

No prize ceremonies.

HOTEL

Scandic Upplands Väsby. 5-minute walk from the pool.
Single room: 1400 SEK/night full board.
Double room: 1900 SEK/night full board.
Triple room: 2300 SEK/night full board.
For more information about the hotel and booking, contact Victor Lindekrantz vl@vss.se.

INFORMATION

Victor Lindekrantz, e-mail: vl@vss.se

VÄSBY
SIMSÄLLSKAP

Website:
<https://www.vss.se/start>

Väsby Simsällskap
Upplands Väsby
post@vss.se



SWEDISH SWIM GAMES

26-27 September 2020

SVENSKA
SIMSPELEN



Saturday September 26 Prelims 09.00

Event 1	800m free	W
Event 2	100m free	M
Event 3	200m free	W
Event 4	50m breast	M
Event 5	100m breast	W
Event 6	400m IM	M
Event 7	100m fly	W
Event 8	100m back	M
Event 9	50m back	W
Event 10	200m fly	M
Event 11	200m IM	W
Event 12	400m free	M
Event 13	50m free	W
Event 14	200m breast	M
Event 15	100m IM	M
Event 16	200m back	W
Event 17	50m fly	M

Sunday September 27 Prelims 09.00

Event 18	1500m free	M
Event 19	100m free	W
Event 20	200m free	M
Event 21	50m breast	W
Event 22	100m breast	M
Event 23	400m IM	W
Event 24	100m fly	M
Event 25	100m back	W
Event 26	50m back	M
Event 27	200m fly	W
Event 28	200m IM	M
Event 29	400m free	W
Event 30	50m free	M
Event 31	200m breast	W
Event 32	100m IM	W
Event 33	200m back	M
Event 34	50m fly	W

VÄSBY
SIMSÄLLSKAP

Event 1, 6, 18, 23 will be swum as direct finals.

Website:
<https://www.vss.se/start>

Väsby Simsällskap
Upplands Väsby
post@vss.se



SWEDISH SWIM GAMES

26-27 September 2020

SVENSKA
SIMSPELEN



Saturday September 26 Finals 16.00

Event 1	800m free	W
Event 2	100m free B	M
	100m free A	M
Event 3	200m free B	W
	200m free A	W
Event 4	50m breast B	M
	50m breast A	M
Event 5	100m breast B	W
	100m breast A	W
Event 6	400m IM	M
Event 7	100m fly B	W
	100m fly A	W
Event 8	100m back B	M
	100m back A	M
Event 9	50m free B	W
	50m free A	W
Event 10	200m fly B	M
	200m fly A	M
Event 11	200m IM B	W
	200m IM A	W
Event 12	400m free	M
Event 13	50m free B	W
	50m free A	W
Event 14	200m breast B	M
	200m breast A	M
Event 15	100m IM B	M
	100m IM A	M
Event 16	200m back B	W
	200m back A	W
Event 17	50m fly B	M
	50m fly A	M

Sunday September 27 Finals 16.00

Event 18	1500m free	M
Event 19	100m free B	W
	100m free A	W
Event 20	200m free B	M
	200m free A	M
Event 21	50m breast B	W
	50m breast A	W
Event 22	100m breast B	M
	100m breast A	M
Event 23	400m IM	W
Event 24	100m fly B	M
	100m fly A	M
Event 25	100m back B	W
	100m back A	W
Event 26	50m free B	M
	50m free A	M
Event 27	200m fly B	W
	200m fly A	W
Event 28	200m IM B	M
	200m IM A	M
Event 29	400m free	W
Event 30	50m free B	M
	50m free A	M
Event 31	200m breast B	W
	200m breast A	W
Event 32	100m IM B	W
	100m IM A	W
Event 33	200m back B	M
	200m back A	M
Event 34	50m fly B	W
	50m fly A	W

VÄSBY
SIMSÄLLSKAP

Website:
<https://www.vss.se/start>

Väsby Simsällskap
Upplands Väsby
post@vss.se

