




































# Aikataulu

## Prisma-uinnit 2022

Paikka: Urheilupuiston uimahalli  
Allas: 25m

Järjestäjä: Kouvolan Uimarit  
Päivämäärä: 10 04 2022 - 10 04 2022

### Session 1

	Alkaa	Kesto	Laji	Erien määrä
	11:00		1 50m Rintauinti P12, 14, M Final	7
	11:12		2 50m Rintauinti T11, 13, N Final	6
	11:22		3 200m Sekauinti P14, M Final	6
	11:47		4 200m Sekauinti T13, N Final	5
	12:09		5 50m BF M Final	1
	12:11		6 50m BF N Final	1
	12:13		7 50m Selkäuinti P12, 14, M Final	5
	12:22		8 50m Selkäuinti T11, 13, N Final	5
	12:31		9 800m Vapaauinti M Final	2
	12:56		10 800m Vapaauinti N Final	1
	13:09		11 200m SF M Final	1
	13:12		12 200m SF N Final	1
	13:16		13 200m Rintauinti P14, M Final	1
	13:21		14 200m Rintauinti T13, N Final	2
	13:30		15 4x50m SF-viesti M/N seka Final	1
	13:33		16 4x50m Sekauinti -viesti P14, M Final	2
	13:42		17 4x50m Sekauinti -viesti T13, N Final	2
	13:51	30 min	30min verryttely	
	14:21		18 100m BF M Final	1
	14:24		19 100m BF N Final	1
	14:26		20 100m SF M Final	1
	14:29		21 100m SF N Final	1
	14:31		22 400m Sekauinti P14, M Final	1
	14:39		23 400m Sekauinti T13, N Final	1
	14:48		24 50m Vapaauinti P12, 14, M Final	9
	15:01		25 50m Vapaauinti T11, 13, N Final	9
	15:15		26 50m SF M Final	1
	15:17		27 50m SF N Final	1
	15:19		28 100m Selkäuinti P14, M Final	5
	15:31		29 100m Selkäuinti T13, N Final	3
	15:39		30 50m Perhosuinti P12, 14, M Final	7
	15:50		31 50m Perhosuinti T11, 13, N Final	6
	16:00		32 50m AP M Final	1
	16:02		33 50m AP N Final	1
	16:04		34 100m Rintauinti P14, M Final	4
	16:14		35 100m Rintauinti T13, N Final	4
	16:25	10 min	10min viestitauko	
	16:35		36 4x100m Vapaauinti -viesti P14, M Final	2
	16:48		37 4x100m Vapaauinti -viesti T13, N Final	2

**Jakso päättyy: 4:59 PM**